

Daily Item 2-15-15



Valley needs you!

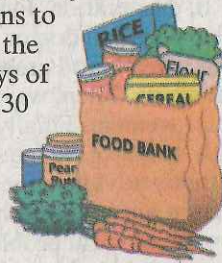
Volunteer opportunities aplenty in our region

Groundhog Day came and went, with predictions of more winter weather on the horizon. Fight the urge to lay on the couch by getting out of your hole to volunteer with local causes that make the Central Susquehanna Valley such a vibrant place to live and work.

Several excellent opportunities are listed in this column. You can also visit www.volunteermatch.org to explore opportunities, or visit the Community Zone located at 417 Market St., Lewisburg. And ... a big thank you to those volunteers who have responded to past columns. VOICE members are excited to have quality volunteers stepping forward to meet their needs.

The Eastern Union County Supplemental Food Pantry

needs adults and teens to help carry groceries the first and third Fridays of every month, 1:15-3:30 p.m. in the basement of the First Baptist Church, 51 S. Third St., Lewisburg. Just show up to help on Feb. 20, March 6 and 20. Questions? Call Cindy at (570)-523-6898.



Maybe it's cold outside, but our local community treasures need your help to continue success in establishing 500 miles of the **Susquehanna Greenway**. There are opportunities to help throughout the region, including photographer, reporter and office assistant (Lewisburg location). In addition, outreach volunteers are sought to help spread the word about the Greenway at future special events such as: the Earth Day Open House at Williamsport Sanitary Authority and Williamsport Municipal Water Authority on April 25 from 10

a.m. to 3 p.m. in Williamsport; Wormleysburg River Day on June 20, times TBA, in Wormleysburg; Nature and Arts Festival hosted by the Ned Smith

Susquehanna Greenway



Center for Nature & Art on July 25 from 9 a.m. to 4 p.m. at MYO Park in Millersburg; and Berwick Riverfest on Oct. 9, noon to 7 p.m., Oct. 10, 10 a.m. until the fireworks, and Oct. 11 from 10 a.m. to 6 p.m. at Test Track Park in Berwick. For more information, visit www.susquehannagreenway.org or contact Bridget Kane, membership and volunteer coordinator, at bkane@susquehannagreenway.org or (570) 522-7275.

During the spring of 1971 an area need was identified for meals to be delivered to the elderly and disabled who are unable to cook or shop for themselves. The **Lewisburg/Milton Meals on Wheels** program, a non-profit organization, was developed to meet that need. The Meals on Wheels program continues to function and is based in the RiverWoods Nursing Care Center. Currently 60 clients are provided daily meals in the Lewisburg/Milton area. We could not do this without the help of volunteers who help pack and/or deliver the meals to the homebound. Volunteer delivery persons in the Lewisburg and



Milton areas are an important link in providing this essential service. Each route has 15 to 20 stops and takes approximately one and one-half hours to complete. We are also in need of substitute delivery persons to be called if regular delivery persons cancel for a reason. Volunteers pick up the meals from RiverWoods Nursing Care Center in Lewisburg at 10:45 a.m. All volunteers would need to pass a Criminal Background Check. Contact Doneeta Leonard, Meals on Wheels coordinator, at (570) 522-1934 for details on how to participate.

Volunteers are needed for a new event — **Buffalo Valley Recreation Authority** is looking for volunteers for the Idita-Trail and Winter Challenge. The event will be held on Feb. 28. Many volunteers are needed for tasks including: race day set up, registration, awards, trail monitoring and general race day help. For

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The Valley needs you!

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more information contact Devyn at bvrailtrail@bvrec.org or Desiree at recassist@bvrec.org. Information on volunteering and the race can be found at bvrec.org.

The CommUnity Zone in Lewisburg seeks an energetic and friendly person to work with a wide variety of people and assist with the following needs:

- Update volunteer handbook as partners change or are added
- Assist in the creation of brochures and flyers
- Assist with website, Facebook and other social media
- Assist with the devel-

opment of several databases

- Assist visitors with inquiries about volunteer opportunities, available resources, and Zone programs and activities

- Assist in the tracking of partner fees and patron donations

For additional information visit www.community-zone.org, call at (570) 238-1818 or email peltier@bucknell.edu.

Volunteer Opportunities in Community Endeavors (VOICE) could use the short-term assistance of a volunteer graphic designer to help update our organization's logo/letterhead to reflect changes in contact information. To offer a

hand, or get more information, contact Nancy at (570) 490-1503.

■ *Nancy Libbey is a certified volunteer administrator and co-founder of VOICE. VOICE is a coalition of area agencies and organizations whose mission is to promote, develop and strengthen the role of volunteerism in meeting community needs. VOICE member organizations can be seen at www.unioncountylibrarysystem.com/v-o-i-c-e/. For more information, email voiceforvolunteering@gmail.com or call (570) 490-1503.*