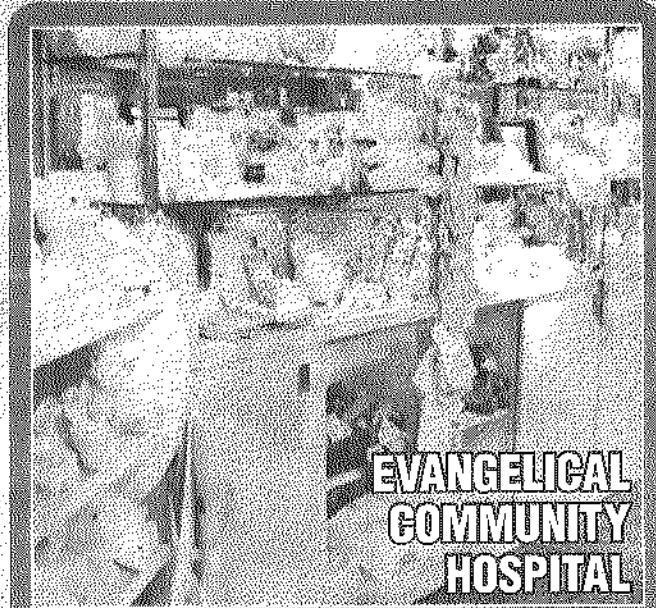


Volunteers are needed!

TIME

Photo provided
Volunteers, such as these helping out Kelsey's Dream, are needed throughout the Valley in a variety of capacities.



EVANGELICAL COMMUNITY HOSPITAL

Quality healthcare to the community has been Evangelical Community Hospital's mission since 1926. **BY THE NUMBERS**, Evangelical has 132 patient beds, 18 bassinets, nearly 200 physicians on medical staff, nearly 900 clinical employees including lab technicians, nurses, therapists, radiology technicians, etc.

Organizations in local communities need volunteers with a wide variety of skills, time availability, ages and interests. These featured opportunities touch children, hospital patients and their loved ones, lovers of the river communities, fit and active residents, the food insecure, the aging population, and the community at large.

Volunteer Opportunities in Community Endeavors (VOICE) encourages you to become part of a vibrant quality of life in the Central Susquehanna Valley.

NANCY LIBBEY
 Volunteers

Evangelical Community Hospital's gift shop is staffed by volunteers trained to greet and assist customers as well as run the cash register. Options to help are: 5-8 p.m. Tuesday, Wednesday or Thursday, noon to 4 p.m. or 4-8 p.m. Saturday/Sunday. Gift shop volunteers can be aged 13 to 90. Call (570) 522-2549 for more information.

Adults and teens are needed to help at the Lewisburg Food Pantry to carry groceries to clients' vehicles. Distribution is the first and third Friday of every month from 1:15-3:30 p.m. in the basement of the First Baptist Church, corner of South Third and St. Louis streets. No need to sign up — just come help on Oct. 17, Nov. 7 and 21, and Dec. 5 and 19. Questions? Call Cindy at (570) 523-6898.



LEWISBURG FOOD PANTRY

The Union-Snyder CAA administers the four food pantries offered in Snyder and Union counties. To receive the pantry food: 1. An adult household member must register at the Food Pantry. Registration information will be updated once a year, unless there is a major income or household member change. (Report any changes to the Food Pantry Coordinator). 2. Household must be income eligible based on the US Department of Agriculture poverty guidelines — call Union-Snyder CAA for income eligibility information. 3. The Food Pantry that you may attend is based on where you live.

Become a Susquehanna Greenway volunteer! It is going to take the skills and talents of all sorts of people to establish 500 miles of the Susquehanna Greenway. Whether tackling Internet research, attending an event on behalf of the Greenway, or completing administrative tasks, there are many different opportunities to help. Here are a few:

■ **Photographer** — Can you capture images of river towns, trails, festivals, and access points near your home stretch of the Greenway? Whether you want to tackle locations on our Most Wanted Photo List or prefer to find your own Greenway subjects, your photo assignment is critical to the development of the Greenway.

■ **Reporter** — Volunteers are needed to assist in identifying and writing compelling articles about Greenway events and happenings for the monthly newsletter. Past articles have included interviews with scientists studying aspects of the Susquehanna River, interviews with paddlers, coverage of river festivals, clean-up events, and river safety information.

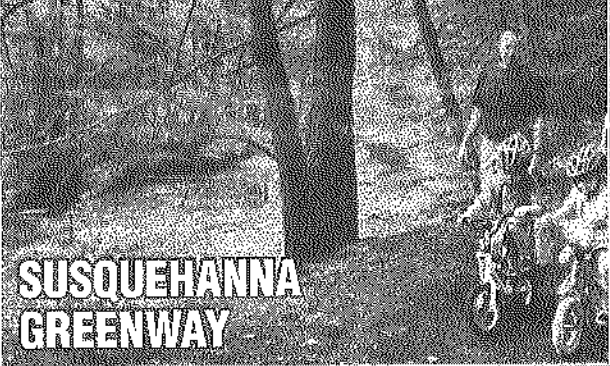
■ **Office Volunteer** — If spreadsheets, database work and calendar updates are your cup of tea, the Greenway would like to meet you. If you are in the Lewisburg area and have a few hours a week to help us in our office with projects, please consider volunteering.

■ **Special Event Volunteer** — Attend local events and festivals and represent the Greenway. After a brief training session, volunteers staff the Greenway information table and distribute maps and brochures.

For more information, visit www.susquehannagreenway.org or contact Bridget Kane at (570) 522-7275 or bkane@susquehannagreenway.org.

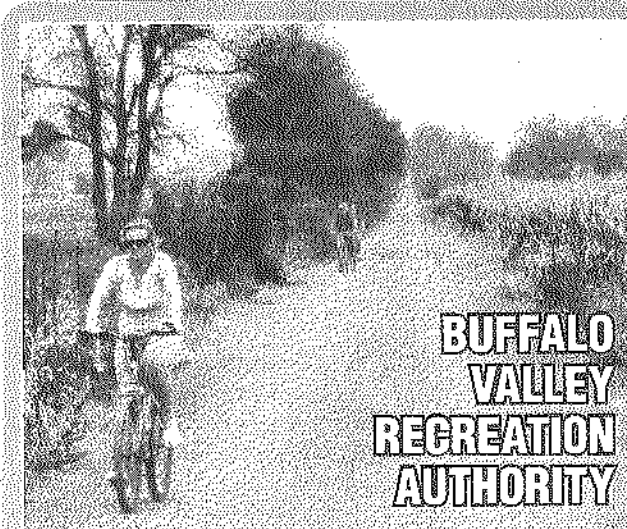
(BVRA)

Parks and Trails Outdoor Adventure



SUSQUEHANNA GREENWAY

Greenways are corridors of land recognized for their ability to connect people and places together. The Susquehanna Greenway will link natural, cultural, historic, and recreational resources along the 500-mile corridor of the Susquehanna River in Pennsylvania. It will create a basin-wide organization for resource management and community conservation factors of lasting importance to the economies and quality of life of river communities.



BUFFALO VALLEY RECREATION AUTHORITY

The mission of the Buffalo Valley Recreation Authority is to provide a comprehensive, year-round, varied and stimulating recreation program with accessible, functional and attractive facilities and programs for people of all ages and abilities.

Please see HELP, E4

Volunteers are needed!

HELP, from Page E1

needs volunteers for two upcoming events:

■ Oct. 25th — Flat 'N Fast 5k & 10k Walk/Run beginning at Buffalo Valley Outfitters in Brookpark Farm, Lewisburg. A family-friendly event with music from the Folk Justice Band and kid-friendly fun. Volunteers needed 9:30 a.m. – 12:30 p.m. to help with a wide variety of tasks including pumpkin decorating, a kids costume fun run, race course guiding, registration, parking, set up and clean up.

■ Nov. 15 — Psycho-Cross at Ard's Farm on Route 45 west of Lewisburg. Cyclocross courses are held on a mix of terrain including dirt, mud, sand, water, and snow. Various obstacles are incorporated to test riders' skills and strength. Volunteers needed 8:30 a.m. to 1:30 p.m. as registrars, race course guides, and help with parking and set up/clean up. To offer your help, contact Devyn at (570) 524-4774 or bvrailtrail@bvrec.org

On Dec. 15, 17 and 19, **RiverWoods Senior Living Community** will hold its 16th annual Grande Illumination event. Volunteers are needed on any of those days to help light the 1,000 luminaries that are placed on the roads and walkways of the campus. Lighting begins at 4:30 p.m. and takes about 30 minutes, followed by cookies and hot cocoa. This is a fundraising event to benefit the Benevolent Care Fund at RiverWoods which helps pay for essentials such as room costs, meals and medication for residents in personal care who have outlived their financial resources. Please contact Sue Jamison at sue.jamison@albrightcare.org or (570) 522-3878 for more information or to volunteer.

The CommUnity Zone in

Lewisburg seeks an energetic and friendly person to support administrative tasks in the Lewisburg office.

Opportunities include web design, publicity and a willingness to work with a wide variety of people. The right volunteer can assist with any or all of the following tasks:

- creation of brochures and flyers
- website, Facebook and other social media
- database development
- visitor inquiries about volunteer opportunities, available resources, and Zone programs and activities
- tracking of partner fees and patron donations

To learn more about the CommUnity Zone and how you can help, visit www.community-zone.org, call (570) 238-1818 or email peltier@bucknell.edu

Detail-oriented volunteers are needed to enter updated medical information into database records at **Setebaid Services**, a non-profit organization, providing diabetes education for children and youth with Type 1 Diabetes. If you are available during regular business hours 9 a.m. – 5 p.m. Monday through Friday in Winfield, call (570) 524-9090 for more information.

■ *Nancy Libbey is a certified volunteer administrator and co-founder of VOICE. VOICE is a coalition of area agencies and organizations whose mission is to promote, develop and strengthen the role of volunteerism in meeting community needs. VOICE member organizations can be seen at www.unioncountylibrarysystem.com/v-o-i-c-e/. For more information, email voiceforvolunteering@gmail.com or call (570) 490-1503.*